Personal Health Plan

Monthly premium rates

Optimum plan

(Extended health, drugs & dental)

Ontario & Atlantic			
Age bands	Single	Couple	Family
18-44	\$128.19	\$242.93	\$319.24
45-54	\$137.85	\$261.09	\$343.03
55-59	\$150.61	\$285.13	\$374.58
60-64	\$167.68	\$316.99	\$416.16
65+	\$157.45	\$296.96	\$389.43

British Columbia, Saskatchewan, Manitoba & Territories			
Age bands	Single	Couple	Family
18-44	\$104.68	\$198.55	\$261.05
45-54	\$111.20	\$210.69	\$277.01
55-59	\$119.73	\$226.74	\$297.96
60-64	\$131.25	\$248.18	\$325.90
65+	\$124.88	\$235.88	\$309.45

Alberta			
Age bands	Single	Couple	Family
18-44	\$117.06	\$221.85	\$291.58
45-54	\$125.11	\$237.01	\$311.41
55-59	\$135.65	\$256.83	\$337.53
60-64	\$149.95	\$283.21	\$371.81
65+	\$142.06	\$268.15	\$351.58

Quebec			
Age bands	Single	Couple	Family
18-44	\$107.89	\$204.43	\$268.61
45-54	\$114.83	\$217.21	\$285.48
55-59	\$123.24	\$233.05	\$305.98
60-64	\$135.05	\$254.88	\$334.44
65+	\$133.83	\$256.45	\$330.69

Preferred plan

(Extended health & drugs)

Ontario & Atlantic			
Age bands	Single	Couple	Family
18-44	\$70.83	\$133.95	\$175.95
45-54	\$80.61	\$152.36	\$199.96
55-59	\$93.63	\$176.86	\$231.96
60-64	\$111.15	\$209.68	\$274.75
65+	\$99.38	\$186.69	\$244.20

British Columbia, Saskatchewan, Manitoba & Territories			
Age bands	Single	Couple	Family
18-44	\$49.59	\$93.78	\$123.21
45-54	\$56.45	\$106.73	\$140.00
55-59	\$65.60	\$123.84	\$162.41
60-64	\$77.81	\$146.86	\$192.36
65+	\$69.55	\$130.73	\$170.91

Alberta			
Age bands	Single	Couple	Family
18-44	\$59.60	\$112.68	\$147.91
45-54	\$67.76	\$127.94	\$167.84
55-59	\$78.41	\$148.09	\$194.35
60-64	\$93.06	\$175.34	\$229.56
65+	\$83.99	\$157.76	\$206.26

Quebec			
Age bands	Single	Couple	Family
18-44	\$51.79	\$97.70	\$128.26
45-54	\$58.61	\$110.48	\$144.78
55-59	\$66.79	\$125.96	\$165.04
60-64	\$78.73	\$148.04	\$193.65
65+	\$76.70	\$143.75	\$187.73

Standard plan

(Extended health & dental)

Ontario & Atlantic			
Age bands	Single	Couple	Family
18-44	\$72.13	\$137.11	\$180.39
45-54	\$73.81	\$140.34	\$184.56
55-59	\$75.49	\$143.43	\$188.74
60-64	\$76.90	\$146.18	\$192.31
65+	\$78.58	\$149.39	\$196.50

British Columbia, Saskatchewan, Manitoba & Territories			
Single	Couple	Family	
\$65.35	\$124.24	\$163.46	
\$66.53	\$126.50	\$166.33	
\$67.73	\$128.65	\$169.29	
\$68.66	\$130.54	\$171.81	
\$69.85	\$132.83	\$174.65	
	& Terri Single \$65.35 \$66.53 \$67.73 \$68.66	& Territories Single Couple \$65.35 \$124.24 \$66.53 \$126.50 \$67.73 \$128.65 \$68.66 \$130.54	

Alberta			
Age bands	Single	Couple	Family
18-44	\$69.85	\$132.83	\$174.80
45-54	\$71.43	\$135.69	\$178.49
55-59	\$72.85	\$138.54	\$182.29
60-64	\$74.15	\$140.93	\$185.53
65+	\$75.71	\$143.91	\$189.21

Quebec			
Age bands	Single	Couple	Family
18-44	\$74.60	\$141.80	\$186.68
45-54	\$76.31	\$145.21	\$190.99
55-59	\$78.13	\$148.40	\$195.41
60-64	\$79.60	\$151.35	\$199.16
65+	\$81.31	\$154.64	\$203.48

Note: Rates and/or benefits are subject to change with thirty (30) days notice to the policyholder.



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Monthly Premium Rates Ontario and the Atlantic Provinces

Optimum Plan				
(Extended Health, Drugs & Dental)				
Age Bands	Single	Couple	Family	
18-44	\$128.19	\$242.93	\$319.24	
45-54	\$137.85	\$261.09	\$343.03	
55-59	\$150.61	\$285.13	\$374.58	
60-64	\$167.68	\$316.99	\$416.16	
65+	\$157.45	\$296.96	\$389.43	

Preferred Plan (Extended Health & Drugs)				
Age Bands	Single	Couple	Family	
18-44	\$70.83	\$133.95	\$175.95	
45-54	\$80.61	\$152.36	\$199.96	
55-59	\$93.63	\$176.86	\$231.96	
60-64	\$111.15	\$209.68	\$274.75	
65+	\$99.38	\$186.69	\$244.20	

Standard Plan (Extended Health & Dental)					
Age Bands Single Couple Family					
18-44	\$72.13	\$137.11	\$180.39		
45-54	\$73.81	\$140.34	\$184.56		
55-59	\$75.49	\$143.43	\$188.74		
60-64	\$76.90	\$146.18	\$192.31		
65+	\$78.58	\$149.39	\$196.50		



Monthly Premium Rates Britsh Columbia, Saskatchewan, Manitoba & Territories

Optimum Plan				
(Extended Health, Drugs & Dental)				
Age Bands	Single	Couple	Family	
18-44	\$104.68	\$198.55	\$261.05	
45-54	\$111.20	\$210.69	\$277.01	
55-59	\$119.73	\$226.74	\$297.96	
60-64	\$131.25	\$248.18	\$325.90	
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Preferred Plan (Extended Health & Drugs)				
Age Bands	Single	Couple	Family	
18-44	\$49.59	\$93.78	\$123.21	
45-54	\$56.45	\$106.73	\$140.00	
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Monthly Premium Rates Alberta

Optimum Plan				
(Extended Health, Drugs & Dental)				
Age Bands Single Couple Family				
18-44	\$117.06	\$221.85	\$291.58	
45-54	\$125.11	\$237.01	\$311.41	
55-59	\$135.65	\$256.83	\$337.53	
60-64	\$149.95	\$283.21	\$371.81	
65+	\$142.06	\$268.15	\$351.58	

Preferred Plan (Extended Health & Drugs)					
Age Bands Single Couple Family					
18-44	\$59.60	\$112.68	\$147.91		
45-54	\$67.76	\$127.94	\$167.84		
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60-64	\$93.06	\$175.34	\$229.56		
65+	\$83.99	\$157.76	\$206.26		

Standard Plan (Extended Health & Dental)					
Age Bands Single Couple Family					
18-44	\$69.85	\$132.83	\$174.80		
45-54	\$71.43	\$135.69	\$178.49		
55-59	\$72.85	\$138.54	\$182.29		
60-64	\$74.15	\$140.93	\$185.53		
65+	\$75.71	\$143.91	\$189.21		



Monthly Premium Rates Quebec

Optimum Plan				
(Extended Health, Drugs & Dental)				
Age Bands	Single	Couple	Family	
18-44	\$107.89	\$204.43	\$268.61	
45-54	\$114.83	\$217.21	\$285.48	
55-59	\$123.24	\$233.05	\$305.98	
60-64	\$135.05	\$254.88	\$334.44	
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